

Name: _____
 DOB: _____

Pediatric/Adolescent Intake

Reason for visit: _____

Previous PCP: _____ Records release signed

General Medical History

- | | | |
|---|--|--|
| <input type="checkbox"/> Congenital heart disease | <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Eating disorder |
| <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Sickle cell disease or trait |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Anemia | <input type="checkbox"/> Hemoglobin C disease or trait |
| <input type="checkbox"/> Seasonal allergies | <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> Fainting during or after exercise |
| <input type="checkbox"/> Environmental allergies | <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Chest pain or extreme shortness of breath with exercise |
| <input type="checkbox"/> Food allergies | <input type="checkbox"/> Migraines | <input type="checkbox"/> Developmental or speech delay |
| <input type="checkbox"/> Eczema/atopic dermatitis | <input type="checkbox"/> Seizures (including febrile seizures) | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Frequent ear infections | <input type="checkbox"/> ADD/ADHD | _____ |
| <input type="checkbox"/> Recurrent urinary infections | <input type="checkbox"/> Autism spectrum disorder | _____ |
| <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Sensory processing issues | |
| <input type="checkbox"/> GERD/reflux | <input type="checkbox"/> Substance use/abuse | |
| <input type="checkbox"/> History of Colic | <input type="checkbox"/> Depression | |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Attempted suicide | |
| <input type="checkbox"/> Diabetes/prediabetes | <input type="checkbox"/> Anxiety | |

Please explain any of the above marked answers or indicate anything not listed above:

Medical Specialist(s): _____

History of significant injuries: _____

Concerns you would like to discuss? _____

Menstrual History

- N/A

Age at first period: _____

First day of last menstrual period: _____

Cycle length _____

Duration _____

Irregular periods? _____

How often do you change your pad/tampon/cup on heavy days? _____

For how many days? _____

Which symptoms do you have *between* periods:

- abnormal bleeding cramping pelvic pain
 none

Which symptoms do you have *during* periods:

- cramping pelvic pain headaches mood swings
 PMS leg pain back pain nausea
 vomiting pain with bowel movements
 painful urination none

Have you ever been pregnant: Y N (please list below)

Full term _____ Preterm _____ Ectopic _____ Terminations _____ Miscarriages _____

Any pregnancy complications? Gestational diabetes preeclampsia high blood pressure

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Surgeries/Hospitalizations/Diagnostic Tests/Procedures

Date/Year	Diagnosis/Test/Procedure	Physician	Hospital

Regular Dentist Visits: within the last 6 months 6-12 months ago >1 year ago never
 Last vision check: _____ glasses contact lenses corrective surgery

Allergies: _____

Current Medications/Supplements and Dosages:

Birth History

Place of birth: _____

Type of delivery (check all that apply):

Vaginal Vacuum Forceps Breech vaginal VBAC

Induction? N Y (indication): _____

Cesarean Section (indication) _____

Delivery complications: None Yes: _____

Weeks' gestation at birth: _____ or Term Preterm

Birth weight: _____ or:

Average for Gestational Age Large for Gestational Age Small for Gestational Age

NICU stay: Y N If yes, why and how long? _____

Jaundice requiring phototherapy: Y N

Circumcision: Y N N/A Complications: _____

Tongue or Lip Tie: N Y Frenotomy done: N Y

Newborn Metabolic Screen: Normal Abnormal

Further testing needed: _____

Hearing screening: Passed Non-Pass: Right Left Both Retest/Referral needed

Other follow up testing recommended? N/A _____

Maternal postpartum depression after delivery: Y N Unknown

Immunization status/preference(s): _____ or Up to date

Feeding: Breastfeeding/expressed breastmilk Formula feeding Formula and breastmilk Weaned

Family History:

- | | |
|---|---|
| <input type="checkbox"/> Breast cancer | <input type="checkbox"/> Heart disease (including unexplained sudden cardiac death) Indicate age/relationship _____ |
| <input type="checkbox"/> Ovarian Cancer | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Colon or other cancer _____ | <input type="checkbox"/> Cystic Fibrosis |
| <input type="checkbox"/> Depression/Anxiety | <input type="checkbox"/> Sickle cell disease or trait |
| <input type="checkbox"/> Other psychiatric conditions | <input type="checkbox"/> Blood clots |
| <input type="checkbox"/> Migraine headaches | |
| <input type="checkbox"/> Seizure disorder | |

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Social History

Who lives in the household?

School/Daycare _____

Current grade _____

Academic problems? Y N _____

Behavioral problems? _____

Afterschool activities/Hobbies/Sports _____

How many times a week do you exercise? _____ What kind of exercise? _____

How many hours of screen time per day? _____

Do you feel safe at home? _____

Future career goals: _____

Issues with peers: N Y _____

Body image issues: N Y _____

Social media usage: N Y Self harm: N Y

Adolescent History I prefer to answer these questions in person/privately

Ok to leave confidential messages on/with personal voice mail (____) _____ parent neither

Are you discerning religious life? N Y I don't know

Faith/Spirituality: _____

Career/life goals: _____

Sexually active: N Y Previously, but not now Never Celibate Prefer not to answer

History of sexual assault, abuse, or rape:

N Y I prefer to answer in person Prefer not to answer

History of childhood trauma:

N Y I prefer to answer in person Prefer not to answer

Have you ever been in the custody of somebody other than your parent(s):

N Y I prefer to answer in person Prefer not to answer

History of sexually transmitted infections: N Y _____

Interested in (check all that apply): Males Females N/A Prefer not to answer

Have you ever smoked/vaped/used tobacco products? Y N If yes, for how many years? _____

Current user? N Y How often? _____

Do you drink alcohol? N Y

How many times a week do you drink alcohol? _____ How many drinks at a time? _____

Do you use drugs (including Marijuana/THC)? N Y

What have you used? _____ Last used _____

Over the *past two weeks*, have you been bothered by the following:

Little interest or pleasure in doing things? N Y

Feeling down, depressed, or hopeless? N Y

Thoughts or suicide: N Y _____

Safety plan: N/A N Y _____